Coverage for: Single + Spouse and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can receive a copy of the Glossary by calling the Welfare Fund office at: 516-741-5564 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network \$2,500 /Individual; \$5,000/family Out-of-network \$6,750 /Individual; \$13,500/family	Generally, you must pay the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Physician, urgent care visits, and prescription drugs.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,150/Individual; \$16,300 family, in-network. Out-of-network Unlimited.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket-limits</u> .
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, copays and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket-limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.anthem.com.or call National PPO for a list of network providers	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what you plan pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	This plan will pay some or all of the costs to see a specialist for covered services.



Questions: Call (516) 741-5564. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can request a copy by calling (516) 741-5564.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health	Primary care visit to treat an injury or illness	\$40 <u>copay</u> : <u>deductible</u> does not apply.	50% coinsurance	None	
care provider's office	Specialist visit	\$60 <u>copay</u> /visit	50% coinsurance	None	
or clinic	Preventive care/screening/immunization	No charge	50% coinsurance	None	
	Diagnostic test (x-ray, blood work)	No charge. Deductible does not apply.	50% coinsurance	None. Not covered at a Hospital unless the test cannot be performed at a diagnostic center or participating labs.	
If you have a test	Imaging (CT/PET scans, MRIs)	30% coinsurance	50% coinsurance	Pre-certification required. Not covered at a Hospital unless the test cannot be performed at a diagnostic center or participating labs.	
If you need drugs to	Generic drugs	\$0 <u>copay</u> retail/\$0 mail.	Not covered	Covers up to 34-day supply retail. 90-day	
treat your illness or condition For information visit	Preferred brand drugs	25% coinsurance.	Not covered	supply mail order maximum. Retail claims - EmpiRx: (877) 241-7123	
www.empirxhealth.com	Non-preferred brand drugs	50% coinsurance.	Not covered	Mail order claims: (877) 241-7123	
or call (877) 241-7123	Specialty drugs	Not covered	Not covered	Specialty drugs are available through Payer Matrix only at 1-877-305-6202.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	50% coinsurance	Pre-certification required.	
surgery	Physician/surgeon fees	30% coinsurance	50% coinsurance	Pre-certification required.	
	Emergency room care	30% coinsurance	50% coinsurance	None	
If you need immediate medical attention	Emergency medical transportation	30% coinsurance	50% coinsurance	No coverage for Air Transport	
	<u>Urgent care</u>	\$40 <u>copay</u> /visit	50% coinsurance	None	
If you have a hospital	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance	Pre-certification required. Limited to 120 days.	
stay	Physician/surgeon fees	30% coinsurance	50% coinsurance	Pre-certification required.	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need mental health, behavioral	Outpatient services	30% coinsurance	50% coinsurance	None	
health, or substance abuse services	Inpatient services	30% coinsurance	50% coinsurance	Pre-certification required. Limited to 120 days.	
	Office visits	\$40 <u>copay</u>	50% coinsurance		
If you are pregnant	Childbirth/delivery professional services	30% coinsurance	50% coinsurance	Normal delivery/48 hours. Cesarean section/96 hours. Pre-certification is required.	
	Childbirth/delivery facility services	30% coinsurance	50% coinsurance	Pre-certification required. Limited to 120 days.	
	Home health care	30% coinsurance	50% coinsurance	Pre-certification required.	
	Rehabilitation services	30% coinsurance	50% coinsurance	Outpatient: limited to 30 visits per calendar	
If you need help	Habilitation services	30% coinsurance	50% coinsurance	year. Inpatient limited to 120 days per calendar year. Pre-certification is required.	
recovering or have	Skilled nursing care	30% coinsurance	50% coinsurance	Pre-certification required. Limited to 120 days.	
other special health needs	Durable medical equipment	30% coinsurance	50% coinsurance	Shoe inserts are covered for up to a maximum payment of \$500 every 2 years.	
	Hospice services	30% coinsurance	50% coinsurance	Maximum of six months and three bereavement counseling sessions. Precertification is required.	
lf ahild waada	Children's eye exam	No charge	Not covered	In-network only up to Plan maximum.	
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None	
delital of cyc daid	Children's dental check-up	No charge	Not covered	In-network only up to Plan maximum.	



Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cochlear implants
- Cosmetic surgery
- Infertility treatment
- Acupuncture
- Dependent Pregnancy

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Transplants
- Initial \$25,000 in medical charges resulting from a motor vehicle accident not covered

- Routine foot care
- Weight loss programs
- Hearing aids
- Dental care (adults)
- Routine eye care (adults)
- Pain Management
- No coverage outside of the United States

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care, up to 30 visits per year.
- Routine eye care exam, (dependent child only)
- Routine dental checkup (dependent child only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. You can call the <u>plan</u> at: 516-741-5564. You may also contact the Department of Labor's Employee Benefits Security Administration at: 1-866-444-EBSA or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan SPD provides complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Welfare Fund at 516-741-5564.

Does this plan provide Minimum Essential Coverage? [Yes]

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? [Yes]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 516-741-5564.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne'

——To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist [cost sharing]	\$60
Hospital (facility) [cost sharing]	30%
Other [cost sharing]	30%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$8,000

In this example, Peg would pay:

Cost Sharing		
Deductibles	\$2,500	
Copayments	\$60	
Coinsurance	\$1,452	
What isn't covered		
Limits or exclusions	\$100	
The total Peg would pay is	\$4,112	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$2,500
■ Specialist [cost sharing]	\$60
Hospital (facility) [cost sharing]	30%
Other [cost sharing]	30%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost \$5,500

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$750	
Copayments	\$500	
Coinsurance	\$100	
What isn't covered		
Limits or exclusions	\$100	
The total Joe would pay is	\$1,450	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$2,500
■ Specialist [cost sharing]	\$60
■ Hospital (facility) [cost sharing]	30%
Other [cost sharing]	30%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$3,500
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In this example, Mia would pay:

Cost Sharing		
Deductibles	\$2,500	
Copayments	\$180	
Coinsurance	\$130	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,810	